

## **ON-ICE SKILLS**

- Creating Scoring Opportunities
- Shooting
- Odd-man Rushes
- Winning Battles
- Development of Hockey IQ
- Puck Protection and Control
- Skating (edge control, transitioning, power)
- Positioning/Game Awareness
- Small area games and competition

## **OFF-ICE TOPICS**

- Stretching
- Agilities and exercises
- The importance of teamwork and leadership

SCAN TO REGISTER



8:00 AM - 4:00 PM

2 Levels: LTPH/Mites & Squirt/Peewee/Bantam

\$625 (WIA Membership Required)

at Warrior Ice Arena & the TRACK at new balance

\*Off-Ice activities vary in non-summer months

 February Camp\*
 April Camp\*
 June Camp

 2/20 - 2/24
 4/17 - 4/21
 6/26 - 6/30

 July Camps
 August/July Camp
 August Camps

 7/10 - 7/14
 7/31 - 8/4
 8/14 - 8/18

 8/21 - 8/25

Warrior Ice Arena is excited to offer another season of full-day hockey camps! Campers will spend their days at our two state-of-the-art facilities, Warrior Ice Arena, and the TRACK at new balance. This will feature 2 on-ice sessions for a total of 2.5 hours each day where we will work with skaters who want to take their game to the next level.

After our on-ice sessions, we will head to the state-of-the-art complex, the TRACK at new balance, where we will play games such as kickball, soccer, tag, dodgeball, wiffle ball and more. Campers will also have individual/group time throughout the day. The campers will be introduced to stretching, off-ice agility, ladder footwork, core training, and more. Food will be available for purchase each day of camp, but campers are permitted to bring their own food.

For more information, contact: jack.uhll@warrioricearena.com